

A tradition or a cultural festival in Bangladesh would be Pahela Baishakh, which is the first day of the Bangla New Year. On that day, what we do is wear bright colors of our traditional clothing, and we go out and celebrate in fairs or even to other people's houses. But the main tradition is that, when we wake up early in the morning, what we do is we eat rice with fried fish, and the rice is soaked in cold water throughout the night.

孟加拉国的传统或文化节日是战神游行，这是孟加拉新年的第一天。那天，我们会穿上颜色鲜艳的传统服饰到集市，甚至到别人家庆祝节日。然而，这一天中的最重要传统是在清晨醒来时吃在冷水中浸泡了一整夜的米饭和炸鱼。

孟加拉國的傳統或文化節日是戰神遊行，這是孟加拉新年的第一天。那天，我們會穿上顏色鮮豔的傳統服飾到集市，甚至到別人家慶祝節日。然而，這一天中的最重要傳統是在清晨醒來時吃在冷水中浸泡了一整夜的米飯和炸魚。

This tradition comes from the fact that in, a few decades ago, what used to happen is that the farmers, when they used to have these rice grains, they cooked it at night because the next day they would celebrate, and they wouldn't want to cook on the morning that they're celebrating on. So when they cooked the rice at night, what they used to do is they used to soak the rice in ice water to keep it cool and so that it doesn't go bad the next morning. So that is one thing that we've kept throughout the years. Even though we have refrigeration now, we still use that culture and we still use that tradition, and we eat ice-soaked rice in the morning with fried fish.

这个传统源于一个事实，几十年前，农民们会在晚上用大米粒做饭，这样第二天庆祝时，他们就不要做早饭了。久而久之这个习惯就被一直保留了下来。即使我们现在已经用上冰箱了，但这个习俗一直延传了下来，我们会在早上吃冰米饭和炸鱼。

這個傳統源於一個事實，幾十年前，農民們會在晚上用大米粒做飯，這樣第二天慶祝時，他們就不要做早飯了。久而久之這個習慣就被一直保留了下來。即使我們現在已經用上冰箱了，但這個習俗一直延傳了下來，我們會在早上吃冰米飯和炸魚。